

Young person's name: Date of birth: d m y

Gender: male female

Parental status: mother father shared other

Who does the young person share the living accommodation with (tick all that apply)? friends/communal sibling(s) other relatives

Please tick the most appropriate ethnic group for the person:

white: british irish other white background

mixed: white/black caribbean white/black african white/asian other mixed background

asian: indian pakistani bangladeshi other asian background

black: caribbean african other black background

chinese other ethnic group

RISK SUMMARY

OVERALL RISK COMMENTS

| | | |
|---|---------------------------|--------------------------|
| Suicide | 0 1 2 3 4 5 6 7 8 9 10 dk | <input type="checkbox"/> |
| Self harm | 0 1 2 3 4 5 6 7 8 9 10 dk | <input type="checkbox"/> |
| Self neglect | 0 1 2 3 4 5 6 7 8 9 10 dk | <input type="checkbox"/> |
| Harm to others / damage to property | 0 1 2 3 4 5 6 7 8 9 10 dk | <input type="checkbox"/> |
| Vulnerability | 0 1 2 3 4 5 6 7 8 9 10 dk | <input type="checkbox"/> |

ACTION PLAN

Rapid screening questions

SCREENING QUESTIONS LINKED TO A PARTICULAR RISK

SUICIDE

- Has the young person ever made a suicide attempt? *If yes, → p5* yes no dk
- Are you concerned about the young person’s current intention to commit suicide? *If yes, → p6* yes no dk
- Are you concerned about the young person being exposed to circumstances or emotions that could trigger suicide attempts? *If yes, → p6* yes no dk
- Is the young person having suicidal thoughts or fantasies? *If yes, → p6* yes no dk

SELF-HARM

- Has the young person ever engaged in self-harming behaviour? *If yes, → p7* yes no dk
- Are you concerned about the young person being exposed to circumstances or emotions that could trigger self-harm? *If yes, → p7* yes no dk
- Is the young person having self-harming thoughts or fantasies? *If yes, → p7* yes no dk

HARM TO OTHERS OR DAMAGE TO PROPERTY

- Has the young person ever engaged in episodes of harm to people/animals or damage to property (fire setting, vandalism, etc)? *If yes, → p7 but also record the most important information below* yes no dk

Tick all groups of people who are known to *people in domestic setting* *health and social care workers*
 – have been the target of any harm by the young person. *friends/acquaintances/work colleagues* *ethnic groups*
 authority figures

- Were any of the episodes physical or sexual assaults/abuse? *If yes, → p7* yes no dk
- Has the young person ever engaged in fire setting behaviour? *If yes, → p8* yes no dk
- Do you believe the young person has an intention to cause harm or damage? *If yes, → p9* yes no dk
- Are you concerned about the young person being exposed to circumstances or emotions that could trigger harm or damage? *If yes, → p9* yes no dk
- Is the young person having thoughts or fantasies about harming people/animals or damaging property? *If yes, → p9* yes no dk

SELF NEGLECT

- Are you concerned about the young person being at risk of self neglect or neglect by others? *If yes, → p9* yes no dk

VULNERABILITY OF SERVICE USER

- Are there any child protection issues? *If yes, → p10* yes no dk

SCREENING QUESTIONS RELEVANT TO MORE THAN ONE RISK

Are you concerned about risks due to the young person's **feelings/emotions**? *If yes, → p10* yes no dk

Are you concerned about risks due to the young person's sense of **self worth**? *If yes, → p11* yes no dk

Is there any history of **depression or serious mental illness**, including any current episode? *If yes, → p11* yes no dk

Are you concerned about risks due to the young person's **mental faculties/cognitive capacity**? *If yes, → p11* yes no dk

Are you concerned about **personality factors** and their impact on risks? *If yes, → p12* yes no dk

Are you concerned about the young person's **motivation and engagement with the world**? *If yes, → p12* yes no dk

Are you concerned about risks due to the young person's **social context** (relationships, living arrangements, finances, education, any detrimental changes)? *If yes, → p12* yes no dk

Are you concerned about the young person's **general current behaviour** (eg risk-taking, sleep patterns, daily activities, challenging behaviour)? *If yes, → p13* yes no dk

Does the young person have a history of misusing **drugs or alcohol**? *If yes, → p13* ... yes no dk

Are you concerned about the young person's lack of **insight and sense of responsibility**? *If yes, → p13* yes no dk

Are you concerned about risks due to any **physical health problems**? *If yes, → p14* ... yes no dk

Are you concerned about the young person's **concordance** with mental-health treatment? *If yes, → p14* yes no dk

Does the young person have a history of **adverse life events** (eg suffered abuse, criminal justice proceedings, detrimental upbringing/education, eating disorders)? *If yes, → p14 Consider also social context (p.12) and physical health (p.14).* yes no dk

To what extent has there been a history of mental health problems or learning disabilities in the young person's family?

| min | low | medium | high | max | dk | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Are you concerned about the young person's **behavioural presentation** with respect to potential risks (eg verbal and physical behaviour, uneasy 'gut' feeling in yourself)? *If yes, → p15* yes no dk

Are you concerned about the young person's **diet**? *If yes, → p15* yes no dk

END OF SCREENING QUESTIONS

General comments

- Was a suicide note written for any previous or current suicide attempts? yes no dk

- To what extent were the suicide attempts concealed to prevent discovery?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

How lethal was the most serious method used by the person in any of the suicide attempts (i.e. how likely to succeed in killing the young person without any intervention)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent do you believe the young person wanted the suicide attempts to succeed at the time?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- How much does the young person fail to show any regret or remorse over having tried to commit suicide in the past?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent does the young person lack awareness about how dangerous the suicide attempts were?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on current intention to commit suicide

- Does the person have any plans for making a future suicide attempt? yes no dk

To what extent can the young person easily carry out the suicide plan (consider realism of plan, access to means of putting it into effect, and any collusion with others)?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- How clear and detailed is the suicide plan?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent has the young person taken steps towards implementing the suicide plan?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- How likely is the chosen method to succeed once the attempt has started?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- Has the young person told anyone about an intention to commit suicide? yes no dk

To what extent has the young person made end-of-life preparations matching those that would cause you most concern about suicide risk (eg written a will, sorted finances, put house in order, written suicide note)?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on potential triggers for prospective suicide

- To what extent is the young person exposed to circumstances or emotions that may trigger a suicide attempt?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent do the young person's current emotions or circumstances match those that are known to have triggered previous suicide attempts?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on suicidal ideation

- To what extent does the young person lack ability to control suicidal thoughts or fantasies?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
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 dk

- How much does the content of the suicidal thoughts or fantasies raise serious concerns about suicide risk?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- How often do the suicidal thoughts or fantasies occur? daily weekly monthly less dk

- How persistent, intrusive, or intense are the suicidal thoughts?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

General suicide questions

What effect do the young person's religious values, beliefs, or attitudes to dying have on risk of suicide? strongly reduce reduce no effect increase strongly increase dk

To what extent does the young person have a pattern of self-harming that indicates suicide risk?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Has there been any history of suicide attempts in the young person's family? yes no dk

Additional questions for SELF-HARM

Further questions on past and current episodes of self-harm

- When was the last self-harm episode? d m y dk
- Has there been more than one self-harm episode? yes no dk
- When was the first self-harm episode? d m y dk
- Approximately how many episodes of self-harm have there been? approx dk
- Are the self-harm episodes increasing or decreasing in frequency over the last two years? decreasing same increasing dk
- How much planning was generally involved in the self-harm episodes?

| min | low | medium | high | max | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

 dk
- To what extent are the self-harming attempts concealed to prevent discovery?

| | | | | | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

 dk
- In general, how likely is it that the chosen self-harm methods could lead to death? .

| | | | | | | | | | | |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

 dk
- How much were the self-harm episodes more than a cry for help?

| | | | | | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

 dk
- Did the self-harm episodes help the young person cope with difficulties? yes somewhat no dk

Further questions on potential triggers for prospective self-harm

- To what extent is the young person exposed to circumstances or emotions that may trigger self-harm episodes?

| min | low | medium | high | max | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

 dk
- To what extent do the young person's current emotions or circumstances match those that are known to have triggered any previous episodes of self harm?

| | | | | | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

 dk

Further questions on self-harm ideation

- How persistent, intrusive, and intense are the self-harming thoughts?

| min | low | medium | high | max | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

 dk
- How often do the self-harming thoughts or fantasies occur? daily weekly monthly less dk

General self-harm questions

- To what extent does the young person display evidence of self-harming cuts?

| min | low | medium | high | max | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

 dk
- Has there been any history of self-harm in the young person's family? yes no dk

Additional questions for HARM TO OTHERS OR DAMAGE TO PROPERTY

Further questions on past and current episodes of harm or damage

Further questions on any violent assault/physical abuse

- How serious was the most severe assault or physical abuse?

| min | low | medium | high | max | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

 dk
- When was the first episode of assault/physical abuse? d m y dk
- When was the most recent episode of assault/physical abuse? d m y dk

Questions on sexual assault/abuse

- Were any of the assaults rape or some other form of sexual abuse? yes no dk

Further questions on intention for harm or damage

- To what extent does the young person's plan for harm or damage match one that would cause you most concern?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent does the young person have the means and know-how for carrying out the plan to harm or damage?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent has the young person taken steps towards implementing the plan to harm or damage (eg made threats, monitored the victim)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- Has the young person got any particular victims (specific individuals) in mind for harming? yes no dk

Further questions on potential triggers for prospective harm or damage

- To what extent is the young person exposed to emotions or circumstances that could trigger episodes of harm or damage?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent do the young person's current emotions or circumstances match those that have previously triggered episodes of harm or damage?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on ideation about violence

- To what extent does the content of the young person's thoughts or fantasies raise serious concerns about risk of harm or damage?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How often do the thoughts or fantasies about harm or damage occur? daily weekly monthly less dk
- How persistent, intrusive, or intense are the thoughts/fantasies of harm or damage?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent do the thoughts/fantasies of harm or damage relate to the people, events, and circumstances in the young person's own world (ie the realism of the thoughts)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

General questions on harm or damage

- What effect do the young person's religious values or beliefs have on the risk of harm or damage? strongly reduce reduce no effect increase strongly increase dk
- To what extent is there a history of violence, abuse, or aggression in the young person's family?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent does the young person have an interest in pursuits related to violence (eg weapons, violent videos or computer games)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent does the young person's appearance (not body language or behaviour) match one that would cause you most concern about risk of harm or damage (eg sweating, blood, state of clothes)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Additional questions for SELF NEGLECT

- To what extent do the young person's hair and clothing indicate a failure to look after oneself?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent does the person have poor young personal hygiene (eg smell, dirty hair and nails)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent has there been a recent change in appearance suggestive of failing to look after oneself?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent does the young person's skin (condition, lesions, injuries, etc) indicate a failure to look after oneself?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Additional questions for VULNERABILITY OF SERVICE USER

Further questions on person's appearance and behaviour indicators of vulnerability

To what extent does the young person's appearance match one that would cause you – most concern about vulnerability to abuse by others (eg bruises, scratches, blood, state of clothes)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

To what extent does the young person's behaviour make the person vulnerable to sexual harrasment or abuse?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

To what extent does the young person's behaviour make the person vulnerable to physical harrasment or abuse?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

To what extent does the young person's behaviour make the person vulnerable to emotional harrasment or abuse?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

To what extent does the young person's behaviour make the person vulnerable to financial abuse?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

To what extent is the young person confused or disorientated as a result of recent changes in circumstances (eg hospital admission, new carer)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Additional questions for information that is relevant to more than one risk

Further questions on feelings/emotions

– To what extent does the young person have unstable moods or mood swings?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

– To what extent does the young person have negative feelings about him or herself (eg self-hatred, guilt, shame, humiliation)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

– To what extent is the young person displaying anger?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

– To what extent does the young person show anxiety (eg afraid, fearful)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

– To what extent does the young person feel helpless?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

– To what extent does the young person seem sad or downbeat?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

– To what extent is the young person displaying or expressing distress?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

– To what extent is the young person expressing jealousy?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Questions on hopelessness

– To what extent does the young person lack any plans for the future?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

– To what extent does the young person think life is not worth living?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on person's perspective of self worth

To what extent does the young person have an exaggerated self-worth or grandiosity?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

– To what extent does the young person regard him or herself as worthless?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on mental health problems

– Does the young person have any history of depression (past or present)? yes no dk

– Tick the most appropriate label for the current episode of depression? first episode relapse recovery (first) recovery (repeat) dk

- Does the young person have any history of serious mental illness (past or present)? . yes no dk
- How much does the young person lack insight into his or her mental-health problems?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- Is the young person currently suffering from symptoms of a mental illness? yes no dk
- To what extent is the young person displaying manic or hypomanic behaviour
- (mood swings, fast speech, excessive irritability, recklessness, impulsivity, etc)?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Questions on voice hallucinations

- Does the young person hear voices that are not present in reality? yes no dk
- How much do the voices urge the young person to be harmed or endangered?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How much do the voices urge the young person to harm/endanger other people?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How likely is it that the young person will act on the voices?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Questions on paranoid delusions

- Does the young person suffer from delusions (ie clearly incorrect and illogical ideas about his or her life and circumstances)? yes no dk
- How much is the young person obsessed about the perceived bad behaviour of particular known people?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How much is the young person obsessed about being harmed or persecuted by particular known people?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How likely is it that the young person will act on any delusions?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on mental faculties/cognitive capacity

- Does the young person have impaired cognitive functions (thinking processes, memory, concentration)? yes no dk
- To what extent have the thinking processes and memory deteriorated?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How poor is the young person's ability to concentrate?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on personality

- How assertive is the young person? not assertive somewhat assertive normally assertive very assertive excessively assertive dk
- How much does the young person lack empathy?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent is the young person overdependent (weak, over-reliant on others, easily influenced, unable to function independently)?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How organised is the young person's general approach to life? .. chaotic disorganised normal very organised obsessional/perfectionist
- How much does the young person lack the ability to cope with major life stresses? .

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How hostile is the young person?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- How impulsive is the young person?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- How unreliable is the young person (eg untrustworthy, unpredictable, shiftless)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on motivation and engagement with world

- How much is the young person physically isolated from the world?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- How much has the young person mentally disengaged or withdrawn from the world?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent does the young person lack motivation in general life?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent does the young person appear listless or lacking energy and drives (eg loss of enthusiasm, libido, and/or interest)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on social context

Questions on relationships within and outside the family

- How much does the young person lack a network of relationships outside the family?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- How much does the young person lack supportive relationships, particularly within the family?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent does the young person have detrimental relationships (eg bullied, over-protected) or ones with people who have antisocial or exploitative behaviours (gangs, criminal contacts)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent does the young person perceive his or her relationships to have recently changed for the worse (eg bitter divorce or separation in the family; rows; bereavement)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Questions on living arrangements

- Are you concerned about risks due to the young person's living arrangements yes no dk

- How often does the young person's living place or care arrangement change? monthly or more several times per year every year less dk

- What type of living arrangement does the young person have? at home hostel residential care

- To what extent is the young person's accommodation isolated from other living abodes and resources?

| | | | | | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| min | low | medium | high | max | | | | | | |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent does the neighbourhood or care environment exacerbate the young person's particular risks (eg violent, easy access to drugs and unhelpful temptations)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent is the young person's accommodation showing lack of care?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- To what extent does the young person think the accommodation is unfit to live in?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

- How anxious is the young person about perceived levels of debt (own or that of parents/carers)?

| | | | | | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| min | low | medium | high | max | | | | | | |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Questions on education/employment

- Are you concerned about risks related to the young person's education/employment or lack of it? yes no dk

- How unstable is the young person's education/job (eg always changing schools, poor disciplinary record, frequent absence)

| min | low | medium | high | max | dk | | | | | | |
|-----|-----|--------|------|-----|----|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |

- To what extent does the young person believe a recent change in education/job to be detrimental (eg different teachers or classmates, loss of activities, work stress)

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

Further questions on general current behaviour

- To what extent does the young person take reckless risks (eg with sexual behaviour, driving, gambling and other leisure pursuits)?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent does the young person's behaviour lead to unintentional risks (eg fire or harm due to being careless, thoughtless or forgetful; self-injurious behaviour)? ...

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent does the young person experience problems with sleeping?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent has the young person been behaving out of character or unpredictably in recent weeks?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent does the young person display challenging behaviour (eg antisocial, disruptive, resistance to advice, predatory)

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent does the young person's day lack any structure?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- What is the young person's general level of activity? passive/inert underactive normal overactive hyperactive

Further questions on substance misuse

- To what extent does the young person misuse alcohol to the detriment of his or her life?

| min | low | medium | high | max | dk | | | | | | |
|-----|-----|--------|------|-----|----|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |

- To what extent does the young person misuse drugs to the detriment of his or her life?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

Further questions on insight and responsibility

- To what extent does the young person lack insight into the potential consequences of his/her risk-taking behaviour?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent does the young person lack any sense of responsibility for the outcomes of risk-taking behaviour?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent does the young person fail to recognise any need for help with mental-health issues?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

Further questions on physical health problems

- If the young person has a life-threatening or degenerative illness (eg cancer, multiple sclerosis, Parkinson's, emphysema, HIV), when was it first diagnosed?

| | | | | | | |
|----------------------|---|----------------------|---|----------------------|---|--------------------------|
| <input type="text"/> | d | <input type="text"/> | m | <input type="text"/> | y | <input type="checkbox"/> |
|----------------------|---|----------------------|---|----------------------|---|--------------------------|

- To what extent does the young person suffer from chronic or periodic pain?

| min | low | medium | high | max | dk | | | | | | |
|-----|-----|--------|------|-----|----|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |

- To what extent does the young person suffer from problems that affect mobility and/or dexterity (eg eyesight, balance, disability due to disease or trauma)?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent does the young person suffer from physical problems affecting communication?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent has there been a deterioration in physical health over the last few months, including temporary or cyclical problems?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

Further questions on concordance with health services/medication/therapies

- To what extent is the young person failing to concord with medication or therapies, either deliberately or due to complexity of polypharmacy, for example?

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | <input type="checkbox"/> |
|---|---|---|---|---|---|---|---|---|---|----|--------------------------|

- To what extent does the young person fail to perceive health or social care services as supportive?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- When did the young person last access any health or social-care services or have ongoing medication reviewed?

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 y dk
- To what extent does the young person and/or carer believe that their medication/therapies are failing to have a beneficial effect?

| min low medium high max | | | | | | | | | | |
|-------------------------|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on adverse life events

- Has the young person ever been the victim of any form of abuse (eg physical, sexual, financial, emotional)? yes no dk
- Has the young person ever been sexually abused? yes no dk
 - When was the most recent episode of sexual abuse?

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- Has the young person ever been physically abused? yes no dk
 - When was the most recent episode of physical abuse?

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 y dk
- Has the young person ever been emotionally or racially abused? yes no dk
 - When was the most recent episode of emotional or racial abuse?

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 y dk
- Has the young person ever been financially abused? yes no dk
- Has the young person ever been neglected? yes no dk
- Has the young person ever faced serious criminal justice proceedings (court cases, custodial sentences, etc)? yes no dk
- To what extent has the young person grown up in emotionally disturbed, disruptive, or unloving environments?

| min low medium high max | | | | | | | | | | |
|-------------------------|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How seriously has the young person suffered from eating disorders in the past?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on person's behavioural presentation during assessment

- Are you concerned about the young person's engagement with the assessor? yes no dk
- How difficult is it to have rapport and empathy with the young person?

| min low medium high max | | | | | | | | | | |
|-------------------------|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent is the young person unwilling to communicate or respond to questions?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent do you have an uneasy 'gut' feeling about the person (eg about the young person's honesty, something doesn't quite add up, something missing)?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- Are you concerned about verbal indicators of risk? yes no dk
- How aggressive/hostile is the young person's tone of voice?

| min low medium high max | | | | | | | | | | |
|-------------------------|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How depressed and downbeat is the young person's tone of voice?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent is the young person failing to make sense (eg incoherent, irrational)?

| min low medium high max | | | | | | | | | | |
|-------------------------|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- Are you concerned about the young person's body language and expression? yes no dk

- To what extent does the young person’s body language indicate distress?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent do the young person’s movements, posture, and facial expression indicate a low, downbeat, or gloomy mood?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- How aggressive or threatening are the young person’s movements and posture? ..

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent does the young person appear detached or preoccupied?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent does the young person avoid eye contact?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- What is the young person’s predominant form of eye movement? unresponsive/glazed normal darting dk
- How inconsistent are the young person’s physical, verbal, and emotional presentations (lack of congruence)?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Further questions on appropriateness of diet

- To what extent does the young person fail to eat appropriately?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- Is the young person’s weight a cause of concern? Tick the appropriate description. extreme underweight underweight weight OK overweight extreme overweight dk
- How much has the young person experienced weight change in recent months?

| min | low | medium | high | max | | | | | | |
|-----|-----|--------|------|-----|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk
- To what extent does the young person fail to drink adequately?

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | |

 dk

Form completed by:

Setting (where completed):

Date: d m y

Instructions for completing the form

1. This tool records your risk judgements associated with the person’s mental-health problems and the information supporting them. It is *not* an interview schedule: *it is your prerogative how and when to ask questions*.
2. Rapid screening questions are placed first in the document, with an arrow pointing to the page number, *p*, where additional questions can be found for the screening question (e.g. → *p4*). Relevance of information varies across assessments and further data is only required for screening questions that have been given a “yes” response. However, by answering all screening questions, GRiST will have recorded your comprehensive consideration of risk issues irrespective of how much information is actually supplied.
3. GRiST helps you record data only for those issues relevant to the particular circumstances and context of the current assessment. It has a number of questions that ask whether you are concerned about a concept or whether the concept applies and you only need to answer the questions indented beneath if your answer is *yes*.
4. Many questions have a ten-point rating scale to record your subjective judgement about the extent to which the item applies to the person. Response choices range from 0 for no extent, to 10 for maximum extent, with labels above the boxes to help interpret the meaning of the numbers. *Do not worry about the exact number: the ten-point scale allows for a margin of error and you are only expected to give a response that “feels right”*.
5. Give dates as accurately as you can but leave the days and/or months blank if unknown.
6. If items were considered during assessment but no answer was obtained, mark the *dk* box for “Don’t Know”.

Repeat assessment form for GRiST

Each item of information on this repeat-assessment form equates to a screening question on the full form and is in the same order. All you need to do is:

1. choose a different coloured pen or some other form of identification that distinguishes the repeat data from the data on the original GRiST form;
2. tick those questions on this repeat form where the repeat assessment has identified a change in status and fill in the changed data on the original GRiST form using the chosen distinguishing pen/mark;
3. in the space provided at the end of the repeat assessment, record the name of the repeat assessor, the date, and how the new GRiST data will be identified;
4. attach the repeat assessment form to the original GRiST assessment.

Please note that the online version of GRiST automatically accounts for historical and persistent data, making the handling of repeat assessments and the reporting of changes very much easier.

Repeat assessment questions

For all the risk areas below, state whether the repeat assessment has changed their data. If so, add the new data to the original GRiST form as instructed above.

SUICIDE

- Past and current suicide attempts? *If yes, → p5* yes no
- Current intention to commit suicide? *If yes, → p6* yes no
- Potential triggers for prospective suicide? *If yes, → p6* yes no
- Suicidal ideation? *If yes, → p6* yes no

SELF-HARM

- Past and current episodes of self-harm? *If yes, → p7* yes no
- Potential triggers for prospective self-harm? *If yes, → p7* yes no
- Self-harm ideation? *If yes, → p7* yes no

HARM TO OTHERS OR DAMAGE TO PROPERTY

- Past and current episodes of harm or damage? *If yes, → p7 but also record the most important information below* yes no
 - Targets of harm to others? yes no
 - Any violent assault/physical abuse? *If yes, → p7* yes no
 - Any fire-setting? *If yes, → p8* yes no
- Intention for harm or damage? *If yes, → p9* yes no
- Potential triggers for prospective harm or damage? *If yes, → p9* yes no
- Ideation about violence? *If yes, → p9* yes no

SELF NEGLECT

- Appearance indicators of self neglect? *If yes, → p9* yes no

VULNERABILITY OF SERVICE USER

- Person's appearance and behaviour indicators of vulnerability? *If yes, → p10* yes no

SCREENING QUESTIONS RELEVANT TO MORE THAN ONE RISK

- Feelings/emotions? *If yes, → p10* *yes* *no*
- Person’s perspective of self worth? *If yes, → p11* *yes* *no*
- Mental health problems? *If yes, → p11* *yes* *no*
- Mental faculties/cognitive capacity? *If yes, → p11* *yes* *no*
- Personality? *If yes, → p12* *yes* *no*
- Motivation and engagement with world? *If yes, → p12* *yes* *no*
- Social context? *If yes, → p12* *yes* *no*
- General current behaviour? *If yes, → p13* *yes* *no*
- Substance misuse? *If yes, → p13* *yes* *no*
- Insight and responsibility? *If yes, → p13* *yes* *no*
- Physical health problems? *If yes, → p14* *yes* *no*
- Concordance with health services/medication/therapies? *If yes, → p14* *yes* *no*
- Adverse life events? *If yes, → p14 Consider also social context (p.12) and physical health (p.14).* *yes* *no*
- Family mental health history? *yes* *no*
- Person’s behavioural presentation during assessment? *If yes, → p15* *yes* *no*
- Appropriateness of diet? *If yes, → p15* *yes* *no*

REPEAT RISK SUMMARY

OVERALL RISK COMMENTS

| | | | | | | | | | | | | | |
|-------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|----|--------------------------|
| Suicide | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | dk | <input type="checkbox"/> |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> |
| Self harm | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | dk | <input type="checkbox"/> |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> |
| Self neglect | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | dk | <input type="checkbox"/> |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> |
| Harm to others / damage | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | dk | <input type="checkbox"/> |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> |
| Vulnerability | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | dk | <input type="checkbox"/> |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> |

UPDATED ACTIONS

Form completed by:

Method used to distinguish repeat assessment data:

Setting (where completed):

Date: d m y